

# Competent Person Trenching & Shoring

8:30am – 9:00am – Registration

Welcome & Class Overview

9:30am – 12:00pm - Introduction to OSHA Inspections & Citations

Overview of OSHA Trench Standard

Definitions in Standard

Definitions of “Competent Person”

Competent Person Student Exercise

Standard Requirements

Underground Installations

Access & Egress

12:00pm – 1:00pm- Lunch

1:00pm – 2:30pm – Exposure to Vehicular Traffic

Exposure to Falling Loads

Warning System for Mobile Equipment

Hazardous Atmospheres

Hazards Associated with Water Accumulation

Stability of Adjacent Structures

Protection of Employees from Loose Soil or Rock

Inspections

Fall Protection

2:30 – 2:45 pm -Break

2:45 – 3:45 pm -Soils Analysis & Protective Systems

Soils Analysis Student Exercise

Student Exercise for Sloping and Trench Box

Distances

3:45 – 4:15 pm-Summary; Student Quiz; Authority to Act as a

Competent Person; Issue Student Cards